



CANADIAN COLLEGE
OF BUSINESS, HEALTH AND ARTS



Certification in Henna Arts



For Henna Artists



CANADIAN COLLEGE
OF BUSINESS, HEALTH AND ARTS

About Us

College Background

Canadian College of Business, Health and Arts Inc. is registered as a career college under the Ontario Career Colleges Act, 2005.

At the Canadian College of Business, Health and Arts Inc. we are dedicated to delivering exceptional education that bridges the gap between theory and practice

Our Vision

To be a leader in innovative and transformative education that empowers students to excel in their field of business, health & the arts.

Our Mission

To provide an inclusive and supportive learning environment that encourages academic excellence, personal growth, and career readiness.



Henna Arts Training Program

Course Duration: 40 hours

Format: Blended (In-person and Online)

Institution: Canadian College of Business, Health and Arts Inc.

Target Audience: Beginners to Intermediate Henna Artists

Materials Needed: Henna paste, application cones, practice skin, disposable gloves, design templates, and sketchbooks.

Introduction to Henna Arts

- Overview of henna: History, cultural significance, and uses
- Understanding henna as an art form and its global variations
- Health and safety precautions in henna application



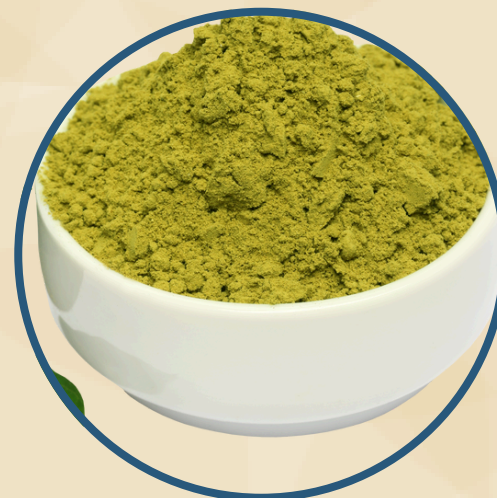


Henna Preparation and Tools

- Preparing henna paste: Ingredients, techniques, and storage
- Tools of the trade: Cones, brushes, and stencils
- Maintaining hygiene and best practices during preparation

Basic Design Techniques

- Introduction to basic patterns: Dots, lines, and shapes
- Step-by-step guidance on creating simple designs: Flowers, leaves, and vines
- Techniques to practice: Outlining and filling patterns
- Hands-on practice on different surfaces



Intermediate Design Techniques

- Introduction to complex patterns and motifs
- Techniques for shading and creating depth using henna
- Combination designs: Merging basic elements into a cohesive artwork
- Practice sessions focusing on symmetry and flow in designs

Cultural Insights and Ethical Practice

- Discussing the cultural significance of henna in various traditions
- Ethical considerations in henna application and respect for customs
- Client education regarding henna application and aftercare



Custom Design Creation and Trend Analysis



- Identifying trends in henna art: Modern vs. traditional styles
- Techniques for customizing designs for special events (weddings, festivals)
- Sketching and planning personalized designs based on client preferences

Practical Application and Feedback

- Supervised hands-on practice sessions with peer feedback
- Applying learned techniques in a real-world context on skin and fabric
- Time management strategies for effective henna application



Marketing and Business Skills for Henna Artists



- Building a brand: Marketing strategies for henna artistry
- Setting up a henna business: Budgeting, pricing, and client management
- Utilizing social media for promotion and client outreach
- Ethics and professionalism in client interactions

Final Project and Assessment

- Preparing a final henna design project for assessment
- Presenting designs to peers and receiving constructive feedback
- Final assessment covering skills learned throughout the course
- Discussion on continuing education and resources for henna artists



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Contact Us



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